

# Symphony of Life™



**Richard K. Blaylock**  
Owner and CEO  
12 Oaks Senior Living

I fondly remember attending my first symphony performance. I was mesmerized and captivated by the sight and sound of so many musicians taking up different instruments, playing their parts and filling the auditorium with soaring and glorious sound. What a special memory that holds for me.

That day I was introduced to more than beautiful music. I witnessed the impressive value of teamwork in shared community. I saw how individual contributions can all work together to create an enjoyable experience for others that leaves a lasting impression.

*Symphony of Life™* is aptly named for what we strive for each day in our Memory Care communities. We place great value in combining the remarkable talents and potential of our individual team members, and work collectively to do something that's amazing, memorable and worthy of the appreciation of our peers, our Residents and the families we love.

**Richard Blaylock**

## WHAT MATTERS MOST

*"An exceptional level of care, meaningful attention and a sense of life. It's been reassuring to see the staff give such great attention to even the smallest details."*

Jim and Marcy Feldman, Family

*"The warmth of the approach and the steady dependability of the staff gave us the confidence we were hoping to find. We finally felt at ease."*

Tom and Mary Kinkaid, Family

*"What a beautiful program you have started. I was in a class from start to finish and was touched to see the participants smiling, taking charge of their paint brush and hugging their instructors. They did a wonderful job and were proud of their work."*

Victoria Molinar, Staff Writer  
The Art Avenue Gallery

*Commenting on one of our art programs*

For more information about 12 Oaks Senior Living and the communities we serve, visit: [www.12OaksSeniorLiving.com](http://www.12OaksSeniorLiving.com)  
Or call 214-871-2155

# Symphony of Life™

## Exceptional Memory Care

Our exclusive daily lifestyle experience harmonizes the body, mind and spirit of our Residents with a community of family and friends to serve them.





# Symphony of Life™

From sunrise sonata to afternoon allegro, every movement of every day is orchestrated to improve Resident lives in body, mind, spirit and community.

We're all familiar with the sights and sounds of the warm-up ritual that precedes an orchestral performance. The individual musicians take the stage with their instrument. The brass and woodwind sections begin to blow their horns and flutes, the strings start soaring, the percussion beats its drums and chimes, and the resulting cacophony of scales, notes and lyrical exercises crowd the air with sounds of dissonance and imbalance.

Then something magical happens... the conductor steps onto the riser, opens the score and gently taps a baton on the stand. The musicians bring their warm up to a close and, for a moment, what was chaos becomes a hush of

anticipation for the musical performance that's set to begin.

In our Memory Care community, each day begins like the purposeful downstroke of a maestro's baton, setting into balance our exclusive *Symphony of Life™* program. Acting like an elaborate musical score to bring harmony to every movement and activity of community life, *Symphony of Life™* is dedicated to enriching each Resident in body, mind and spirit, and throughout the entire community of family, friends, support services and more.

Our unique program is perfect for those experiencing cognitive impairment as it encourages and stimulates mental acuity, in addition to physical well-being. Each day's *Symphony of Life™* "score" has been carefully arranged and rehearsed by our caring and highly-trained Staff to engage our Residents as they participate and function to their fullest potential.

*Symphony of Life* is a trademark of 12 Oaks Management Services, Inc.

The harmonizing daily lifestyle experience of

## Exceptional Memory Care



### Expressed in **BODY**

*Symphony of Life™* is like a wonderful daily concert that can transcend the community, as it flows from a classical prelude to a stanza of smooth jazz. And while each day offers something new, we bend toward the comforts that naturally grow out of the routine.

#### Serving Physical Health and Well-being Through

##### Balanced Diet | Nutrition

##### Engaging Life and Participation

A Vibrant Calendar of Daily Activities  
Opportunities for Physical Exercise

##### Peace of Mind Security

Elopement Protocol, Alarms,  
Cameras, Secure Units

##### Medication Management

##### ADLS

Resident Memory Catcher,  
Stand Up Discussions

##### Wellness

Social, Intellectual, Physical



### Expressed in **MIND**

Our Staff works closely with family members to develop a relationship of trust while helping their loved ones to stay connected to their own "life story" and to build on their unique abilities and strengths.

#### Promoting Brain Health by Engaging the Senses

##### Sight

Outdoor Walks, Van/Car Rides, Puzzles

##### Touch

Puzzles, Planting (indoor/Outdoor),  
Creative Arts, Feet in Pool, Pet Therapy

##### Taste

Variety on Menu, Food Texture/Temperature

##### Smell

Baking Cookies, Popping Corn,  
Trigger Aromas (Emotions/Thoughts)

##### Hearing

Speakers, Music, Movies, Readings



### Expressed in **SPirit**

*Symphony of Life™* pays tribute to the human spirit by providing many opportunities throughout each week for Residents to celebrate milestones and to reflect on the journey of life.

#### Opening Hearts Through

##### Faith-Based Expression

##### Meaningful Connections

Large Group, Small Group  
Individual – Life Stations  
Cultural – Holidays, Events  
Nature – Kiss the Sun, Outdoor Walks  
Personal – Life Story, One Day App,  
Memory Boxes, Birthday Celebrations



### Expressed in **COMMUNITY**

Never alone. We were born into families and embrace the benefits of living in community with others. We help Residents to foster new relationships and to stay connected with their cherished loved ones.

#### Sharing Life Through

##### Family and Friends

Invite to Socials and Events  
Community Newsletter  
Caregiving Support Group

##### Employees

Memory Support  
Respite Care  
Hospice/End of Life  
Referral Services